



CALIFORNIA EXCHANGE APPLICATION FORM  
SAINT MICHEL DE PICPUS at SAINT FRANCIS HIGH SCHOOL  
Home Stay: February 19-23, 2026 (4 nights)



Draft of Itinerary

Submit this digital application to [Rachel Safier](#) or bring to rm 203 by Oct 1, 2025

**APPLICATION FOR HOSTING A FRENCH STUDENT, AGE RANGE: 11TH GRADE**

**HOST STUDENT DETAILS:**

LAST NAME: \_\_\_\_\_ (USE CAPITAL LETTERS)

FIRST NAME (+NICKNAME if relevant): \_\_\_\_\_

GENDER: \_\_\_\_\_ PREFERRED PRONOUNS: \_\_\_\_\_

BIRTHDAY (month/day/year): \_\_\_\_\_

AGE as of February 2026: \_\_\_\_\_ GRADE: **9th / 10th / 11th / 12th** (circle)

HOME ADDRESS: \_\_\_\_\_

STUDENT'S email: \_\_\_\_\_ .com

STUDENT'S CELL: +1- \_\_\_\_\_

SOCIAL MEDIA, if any: \_\_\_\_\_ (Instagram or Snapchat)

RECENT  
HOST  
STUDENT  
PHOTO

**ABOUT THE HOST STUDENT**

**HOBBIES and INTERESTS** (please be as specific as possible. Ex: not just "sports", "music" or "movies")

---

---

---

**HOW WOULD YOU DESCRIBE YOUR PERSONALITY?** \_\_\_\_\_

---

**TRANSPORTATION**

DISTANCE FROM SAINT FRANCIS: \_\_\_\_\_ minutes

How will the host student and exchange student get to school on February 20 & 23?

Does the host student drive? **Yes / No** | Does the host student have an unrestricted licence: **Yes / No**

Is there an older sibling who drives? **Yes / No** | Does the older sibling have an unrestricted licence: **Yes / No**

**FAMILY DETAILS**

FAMILY email: \_\_\_\_\_ .com

HOME PHONE: +1- \_\_\_\_\_

**EMERGENCY NUMBER (where a parent/guardian can be reached 24/7)** \_\_\_\_\_

**BROTHERS AND SISTERS (names, gender + ages)** \_\_\_\_\_

Does anyone in your home speak any French ? **Yes / No / Some** | Spanish? **Yes / No / Some**

PARENT/GUARDIAN: \_\_\_\_\_

GENDER: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ (if different from above)

CELL PHONE: \_\_\_\_\_

ADDRESS (if different from above) \_\_\_\_\_

OCCUPATION: \_\_\_\_\_ (full time / part time)

HOURS YOU WILL BE AWAY FOR WORK: \_\_\_\_\_

Do you live with Parent/Guardian #1: \_\_\_\_\_

If not, which days of the week during Feb 19-23 will the host student be at your house: \_\_\_\_\_

PARENT/GUARDIAN: \_\_\_\_\_

GENDER: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ (if different from above)

CELL PHONE: \_\_\_\_\_

ADDRESS (if different from above) \_\_\_\_\_

OCCUPATION: \_\_\_\_\_ (full time / part time)

HOURS YOU WILL BE AWAY FOR WORK: \_\_\_\_\_

Do you live with Parent/Guardian #2: \_\_\_\_\_

If not, which days of the week during Feb 19-23 will the host student be at your house: \_\_\_\_\_

### **FOOD & ACCOMMODATIONS**

Would the exchange student have their own **bedroom**? Yes / No | own **bathroom**? (not required) **Yes / No**

If they don't / can't have their own bedroom, what would be the probable sleeping arrangement?

Will you be able to provide breakfast to the French student February 20-23? **Yes / No**

Saint Francis High School will provide lunch on Friday Feb 20 & Monday Feb 23. We expect the host family to provide lunch February 21-22 and to provide dinner February 19-22. Does that work for you? **Yes / No**

What style of food do you prepare in the household? (e.g., take-out, family sit down meal, vegetarian, etc.)

---

Do you have any **domestic pets**? \_\_\_\_\_

Are there any **smokers** in the house? \_\_\_\_\_

Are you comfortable hosting an exchange student of the opposite gender: **Yes / No / Maybe**

**FAMILY SCHEDULE:**

Does the host student play sports, do theater, or have other after school commitments on February 19-20?

---

What time after school will the host family be able to pick the exchange student up on February 19-20?

---

Does the host family have a pre-planned engagement on the weekend of February 21-22 that will preclude being able to show the exchange student around and go on day trips?

---

What does the host student and family most **hope** to get out of this **experience**?

---

---

---

---

---

**SAFETY FOR HOST FAMILIES, HOST STUDENTS, AND EXCHANGE STUDENTS**

Code of Conduct for Host Families and Host Students:

Host Student Commitment:

1. *If I have the opportunity to host an exchange student, I commit to doing everything I can to ensure its success: I will be attentive to the exchange student and strive to accommodate their habits. I will ensure good relations with my exchange partner and will show myself to be helpful.*
2. *In class, I will be a good role model when they shadow me at Saint Francis and will respect the rules of the school. I will be an excellent ambassador for my family and for Saint Francis High School, helping to foster future exchanges. My behavior and appearance will be exemplary. I will respect the school's internal regulations (available on the school's website), which also apply during school trips and exchanges.*

3. *In the United States*, students are under the responsibility of the school during class and bus transport, and under the responsibility of their host family at all other times. I will not take my exchange student out without their permission.
4. *The consumption of alcohol (for all minors in the United States) or any harmful or toxic substances is strictly prohibited for the entire duration of the stay.*

#### French Exchange Student Agreements

1. All French students participating in the exchange have made a firm, written commitment to respectful, safe, and culturally sensitive behavior.
2. Students pledge to be attentive, adaptable, and courteous toward their host families, participate fully and respectfully in school life, and maintain exemplary conduct as ambassadors of their home institution.
3. They are not allowed to leave the home without host family permission and are strictly forbidden from using alcohol or other substances.
4. Tobacco use for some French exchange students is only permitted in very limited circumstances and only with prior written parental consent.
5. Violations of these rules can result in serious disciplinary consequences, including the potential for dismissal from their school in France.

Thank you for applying to be a host family for Saint Francis High School. It is best practice to have you cleared as a volunteer for the reassurance of the safety of our community. In order to do so, we will ask that each adult living in the household completes: 1) Live Scan Fingerprinting, 2) TB Clearance, and 3) Safe Environment training.

Are the adults in the household okay with this [process](#) to be completed by December 1, 2025?

Parental Authorization:

I authorize my son/daughter \_\_\_\_\_, student in \_\_\_\_\_ (grade), to host a student from Saint Michel de Picpus.

**Parents / Guardian #1 signature:** \_\_\_\_\_

**Parents / Guardians #2 signature:** \_\_\_\_\_

Questions? Contact [Rachel Safier](#) (650) 968-1213 ext 674